

Voices of Hope

Empowering those who have experienced relationship violence, sexual assault, and abuse



Empowerment



Groups



Survivor



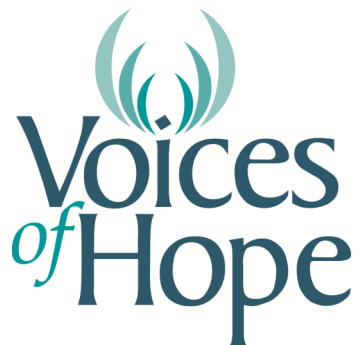
HEALING



Support



Confidential



Hope

Voices of Hope

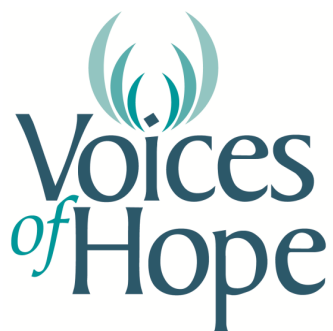
2545 N St.
Lincoln, NE 68510
(402) 476-2110
voicesofhopelincn.org

Support Groups/Workshops/Classes

Voices of Hope's groups are free of charge and child care is available.
All groups meet at Voices of Hope unless otherwise noted.
If you have any questions, please call us at (402) 476-2110 or email the
groups coordinator at Tonya@voicesofhopelincoln.org

Domestic Violence	This group provides support for women who are currently in or have been were involved in an unhealthy relationship.	Tuesdays 5:30pm— 7:00pm
Sexual Trauma	This group is for women who have experienced sexual abuse and trauma and is a safe place for healing.	Wednesdays 4:30pm— 6:00pm
Latina Group	This group is designed to provide support for Spanish-speaking women. Para mas informacion llame a: Lizeth 402-476-2110 Meets at El Centro de Las Americas	Tuesdays 12:30pm— 1:30pm
DV & Parenting 101 Classes	This is a 14 week class to help women survivors of violence make positive changes in their lives and improve parenting skills. The same session is offered twice weekly. A certificate of completion is awarded.	Wednesdays 5:30pm— 7:00pm Or Thursdays 10:00am— 11:30am
Economic Workshop WEE	This is a 6 week economic empowerment workshop for women survivors of abuse. Refreshments and incentives are provided. For more information call Jaime at : 402-476-2110	Thursdays 12:00pm— 1:00pm

If there is a group that you don't see here that you would like to, please contact the groups coordinator, at Tonya@voicesofhopelincoln.org.



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